

SUTHERLANDS

HAIR & BEAUTY

CACI

Aftercare Advice

1. Do not undertake any facial treatment within 48 hours of your appointment.
2. Avoid heat treatments such as saunas, steam rooms and swimming for at least 48 hours.
3. Avoid perfumed products, fake tan and heavy make up application for 24 hours.
4. Do not apply any exfoliating skincare products for 72 hours after a CACI treatment.
5. Avoid touching your face. Your pores will be open and dirty fingers can spread infection.
6. Drink plenty of water to flush away any toxins released during the CACI treatment.
7. Avoid showering before bed to allow facial products maximum time to treat the skin.

Additional Advice

Use a sunscreen. Sunlight contains Ultraviolet (UV) rays, which are the main cause of skin ageing and can cause skin cancer. Sutherlands Hair and Beauty recommend a physical sunscreen that protects the skin from UVA and UVB rays and environmental aggressors.

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