

# SUTHERLANDS

HAIR & BEAUTY

## Make Up

### Pre-Treatment Advice

1. Your make up artist will be happy to suggest looks to flatter but for special occasion looks we request that you bring along a photo on your phone or from a magazine of a look you like as a point of reference for your make up artist.
2. Wear loose fitting clothes so these can be removed without smudging your make up (zip tops, cardigans and shirts are all suitable options).
3. Please inform your make up artist if you suffer from any allergies.

### Aftercare Advice

1. If make up is applied for a special occasion or event, please avoid vigorous exercise, steam, showers or baths following application.
2. Be careful removing your top when changing your outfit.
3. If cluster lashes have been applied using day glue, remove by placing a tissue under the lower lash and partially close your eye. Dip a cotton bud into an oil free eye make up remover then gently along the lash line until adhesive softens. Remove lashes without pulling. Repeat if necessary. If the adhesive is particularly difficult to remove try using a cotton bud with cleanser to remove.
4. To remove strip lashes, start at the outer corner of the eye and gently peel off the lash. Remove the adhesive from the back and place lashes back on the tray for re-use. Wipe over the eye with an oil based eye make up remover to remove any sticky residue.