# SUTHERLANDS

#### HAIR & BEAUTY

# Rejuvapen Microneedling

## Pre-Treatment Advice

1. Skin can be red after threading appointment so it is best not to book a special occasion directly after your appointment.

## Aftercare Advice

- 1. Apply sunscreen constantly for the first 2 weeks after microneedling. Make sure to apply sunscreen anytime you go outside in the days following your treatment.
- 2. Do not spend prolonged time out in the sun for the first week after your microneedling procedure, as you'll be more prone to sun damage than usual.
- 3. Do not apply makeup for 24 hours, especially with a makeup brush that has been used before.
- 4. Do not use any powered cleansing brushes like Clarisonic for one week post treatment.
- 5. Avoid swimming pools, saunas, and situations where you may sweat heavily, including intense workouts at the gym, to protect your newly treated skin. After 72 hours have passed, you may be able to resume these activities.
- 6. To ensure the proper healing environment, do NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin C (in a low pH formula) scrubs or anything perceived as "active" skincare for one week post treatment.
- 7. In the days following your Rejuvapen treatment use your post procedure kit given to you by your therapist.

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