

SUTHERLANDS

HAIR & BEAUTY

Dermaplaning

Pre-Treatment Advice

1. No shaving, laser treatment, peels, waxing or exfoliation treatment one week prior to your Dermaplaning appointment.
2. You should wait at least 14 days after receiving botox or dermal fillers to receive Dermaplaning treatments.

Aftercare Advice

1. After dermaplaning, your skin may be a bit sensitive. Your skin may tingle for a few days following your treatment.
2. Avoid sun exposure 3 days post treatment.
3. Avoid heat treatments or situations where you may sweat excessively i.e. heavy work outs, steam rooms or saunas, etc.
4. Avoid swimming pools.
5. Wear SPF 30-50 when outside for 1 to 2 weeks following treatment.
6. Avoid any Dermal Filler or Botox in the treatment area for 2 to 4 weeks following your appointment.
7. Do not have any other facial treatment for two weeks after treatment.
8. Avoid facial waxing for 7 days.
9. Use gentle cleanser to clean your face. Apply moisturizer twice a day. Do it religiously for at least 7 days post dermaplaning. Ask your skincare specialist for the best home skincare routine for your skin type.
10. Do not exfoliate for 2 weeks.
11. Avoid make-up for 24-48hrs after treatment for best result.