

# SUTHERLANDS

HAIR & BEAUTY

## Hair Smoothing

### Pre-Treatment Advice

If your hair is prone to breaking, book a consultation in the salon to see if your hair is suitable for hair smoothing. All consultations are free of charge.

### Aftercare Advice

1. It is important that hair is left in its natural state for three days after treatment. Do not tie your hair up, tuck it behind your ears or use hair accessories.
2. We recommend the use of specific smoothing shampoos to intensify and maintain results.
3. Do not use hair products on the hair in the three days after treatment. After washing your hair, hair products can be applied as normal.

### Additional Advice

1. For best results it is recommended that those who colour or highlight their hair should do so prior to the smoothing treatment. It is recommended that you wait at least two weeks after a smoothing treatment before colouring your hair.
2. Hair smoothing can be performed on all hair types including coloured, highlight and permed hair.
3. It is a good idea to have your hair cut following your hair smoothing treatment so split ends can be removed.
4. Hair smoothing is particularly effective on damaged or coarse hair.
5. Hair smoothing cannot be performed on those under the age of 10. Parental consent is required for those under the age of 16.